

# Shree Hanuman Chalisa



*Shri Guru Charan Saroj Raj  
Nij mane mukure sudhar  
Varnao Raghuvar Vimal Jasu  
Jo dayaku phal char*

After cleansing the mirror of my mind with the pollen dust of holy Guru's Lotus feet. I Profess the pure, untainted glory of Shri Raghuvar which bestows the four-fold fruits of life.(Dharma, Artha, Kama and Moksha).

*Budhi Hin Tanu Janike  
Sumirau Pavan Kumar  
Bal budhi Vidya dehu mohe  
Harahu Kalesa Vikar*

Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly ask for strength, intelligence and true knowledge to relieve me of all blemishes, causing pain.

*Jai Hanuman gyan gun sagar  
Jai Kapis tihun lok ujar*

Victory to thee, O'Hanuman! Ocean of Wisdom-All hail to you O'Kapisa! (fountain-head of power,wisdom and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.

*Ram doot atulit bal dhama  
Anjani-putra Pavan sut nama*

You are the divine messenger of Shri Ram. The repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.

*Mahavir Vikram Bajrangi  
Kumati nivar sumati Ke sangi*

With Limbs as sturdy as Vajra (The mace of God Indra) you are valiant and brave. On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.

*Kanchan varan viraj subesa  
Kanan Kundal Kunchit Kesa*

Your physique is beautiful golden coloured and your dress is pretty. You wear ear rings and have long curly hair.

*Hath Vajra Aur Dhuvaje Viraje  
Kandhe moonj janehu sajai*

You carry in your hand a lightening bolt along with a victor (kesari) flag and wear the sacred thread on your shoulder.

*Sankar suvan kesri Nandan  
Tej pratap maha jag vandan*

As a descendant of Lord Sankar, you are a comfort and pride of Shri Kesari. With the lustre of your Vast Sway, you are propitiated all over the universe.

*Vidyavan guni ati chatur  
Ram kaj karibe ko aatur*

You are the repository of learning, virtuous and fully accomplished, always keen to carry out the behest's of Shri Ram.

*Prabu charitra sunibe ko rasiya  
Ram Lakhan Sita man Basiya*

You are an ardent listener, always so keen to listen to the narration of Shri Ram's Life Stories. Your heart is filled with what Shri Ram stood for. You therefore always dwell in the hearts of Shri Ram, Lakshman and Sita.

*Sukshma roop dhari Siyahi dikhava  
Vikat roop dhari lanka jarava*

You appeared before Sita in a Diminutive form and spoke to her in humility. You assumed an awesome form and struck terror by setting Lanka on fire.

*Bhima roop dhari asur sanghare  
Ramachandra ke kaj sanvare*

With over-whelming might you destroyed the Asuras (demons) and performed all tasks assigned to you by Shri Ram with great skill.

*Laye Sanjivan Lakhan Jiyaye  
Shri Raghuvir Harashi ur laye*

You brought Sanjivan (A herb that revives life) and restored Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.

*Raghupati Kinhi bahut badai  
Tum mam priye Bharat-hi sam bhai*

Shri Raghupati (Shri Ram) lustily extolled your excellence and said: "You are as dear to me as my own brother Bharat."

*Sahas badan tumharo yash gaave  
Us kahi Shripati kanth lagaave*

Thousands of living beings are chanting hymns of your glory, saying thus, Shri Ram warmly hugged him (Shri Hanuman).

*Sankadik Brahmadi Muneesa  
Narad Sarad sahit Aheesa*

When prophets like Sanka, even the Sage like Lord Brahm, the great hermit Narad himself, Goddess Saraswati and Ah

***Yam Kuber Dignpal Jahan te  
Kavi kovid kahi sake kahan te***

***Tum upkar Sugreevahin keenha  
Ram milaye rajpad deenha  
Tumharo mantra Vibheeshan mana  
Lankeshwar Bhaye Sub jag jana***

***Yug sahastra jojan par Bhanu  
Leelyo tahi madhur phal janu***

***Prabhu mudrika meli mukh mahee  
Jaladhi langhi gaye achraj nahee***

***Durgaam kaj jagat ke jete  
Sugam anugraha tumhre tete***

***Ram dware tum rakhvare,  
Hoat na agya binu paisare***

***Sub sukh lahai tumhari sarna  
Tum rakshak kahu ko dar na***

***Aapan tej samharo aapai  
Teenhon lok hank te kanpai***

***Bhoot pisach Nikat nahin aavai  
Mahavir jab naam sunavai***

***Nase rog harai sab peera  
Japat nirantar Hanumant beera***

(one of immeasurable dimensions).

Even Yamraj (God of Death) Kuber (God of Wealth) and the Dignpals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.

You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne. By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.

On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.

The burden of all difficult tasks of the world become light with your kind grace.

You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it without your permission,

All comforts of the world lie at your feet. The devotees enjoy divine pleasures and feel fearless under your benign Protection.

You alone are befitted to carry your own splendid valour. At the three worlds (entire universe) tremor at your thunderous call.

All the ghosts, demons and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!!

All diseases, pain and suffering disappear on reciting regularly Shri Hanuman's holy name.

*Sankat se Hanuman chudavai  
Man Karam Vachan dyan jo lavai*

Those who remember Shri Hanuman in thought, words and  
with Sincerity and Faith, are rescued from all crises in life.

*Sub par Ram tapasvee raja  
Tin ke kaj sakal Tum saja*

All who hail, worship and have faith in Shri Ram as the Supreme  
Lord and the king of penance. You make all their difficult  
very easy.

*Aur manorath jo koi lavai  
Sohi amit jeevan phal pavai*

Whosoever comes to you for fulfillment of any desire with  
sincerity,  
Will he alone secure the imperishable fruit of human life.

*Charon Yug partap tumhara  
Hai persidh jagat ujjara*

All through the four ages your magnificent glory is acclaimed  
wide.  
Your fame is Radiantly acclaimed all over the Cosmos.

*Sadhu Sant ke tum Rakhware  
Asur nikandan Ram dulhare*

You are Saviour and the guardian angel of Saints and Sage  
all Demons.  
You are the angelic darling of Shri Ram.

*Ashta sidhi nav nidhi ke dhata  
Us var deen Janki mata*

You can grant to any one, any yogic power of Eight Siddhi  
(power to become light and heavy at will) and Nine Nidhis  
(Riches, comfort, power, prestige, fame, sweet relationship etc)  
This boon has been conferred upon you by Mother Janki.

*Ram rasayan tumhare pasa  
Sada raho Raghupati ke dasa*

You possess the power of devotion to Shri Ram. In all rebirths  
you will always remain Shri Raghupati's most dedicated devotee.

*Tumhare bhajan Ram ko pavai  
Janam janam ke dukh bisravai*

Through hymns sung in devotion to you, one can find Shri Ram  
and become free from sufferings of several births.

*Anth kaal Raghuvir pur jayee  
Jahan janam Hari-Bakht Kahayee*

If at the time of death one enters the Divine Abode of Shri Ram  
thereafter in all future births he is born as the Lord's devoted

*Aur Devta Chit na dharehi  
Hanumanth se hi sarve sukh karehi*

One need not entertain any other deity for Propitiation, as  
devotion of Shri Hanuman alone can give all happiness.

*Sankat kate mite sab peera  
Jo sumirai Hanumat Balbeera*

One is freed from all the sufferings and ill fated contingencies  
in the world.  
One who adores and remembers Shri Hanuman.

***Jai Jai Jai Hanuman Gosahin  
Kripa Karahu Gurudev ki nyahin***

***Jo sat bar path kare kohi  
Chutehi bandhi maha sukh hohi***

***Jo yah padhe Hanuman Chalisa  
Hoye siddhi sakhi Gaureesa***

***Tulsidas sada hari chera  
Keejai Das Hrdaye mein dera***

***Pavantnai sankar haran,  
Mangal murti roop.  
Ram Lakhan Sita sahit,  
Hrdaye basahu sur bhoop.***

Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your v  
evil be firm and final.

Bless me in the capacity as my supreme guru (teacher).

One who recites Chalisa one hundred times, becomes free  
bondage of life and death and enjoys the highest bliss at las

All those who recite Hanuman Chalisa (The forty Chaupai  
regularly are sure to be benedicted. Such is the evidence of  
witness as Bhagwan Sankar.

Tulsidas as a bonded slave of the Divine Master, stays per  
his feet, he prays "Oh Lord! You enshrine within my heart

Oh! conqueror of the Wind, Destroyer of all miseries, you  
of Auspiciousness.

Along with Shri Ram, Lakshman and Sita, reside in my he  
Oh! King of Gods.

