

## Shree Ganesh Puja



Each new activity or **pooja** is started by **first** worshipping and offering reverences to the holy God Lord **Ganesh**. He is invoked and called to preside over any worship or yagna, and only after this the other rituals are started. He is also the first to be worshipped during any auspicious event.

Traditionally, every religious and auspicious function begins with worship of Lord Ganesh. No other god is equal in significance to Ganesh. The reason for this greater significance is that the word Ganesh is a form of Brahma and hence symbolizes Omkar. Ganesh is the Lord of Good Fortune who provides prosperity, fortune and success. He is the Lord of Beginnings and the Remover of Obstacles of both material and spiritual kinds, He is also known as the destroyer of evils and the God of education, knowledge, wisdom, wealth and domestic harmony.

What to do	What to say
Recite 3 times	Om Shree Ganeshaya Namah! Om Hari Om!
Recite once.	Vakratunda Mahaakaaya Suryakotee Sama Prabha Nirvighnam kuru mey Deva Sarva kaaryeshu Sarvadaa Om Ekdantaye Vidmahe, Vakratundaaya Dheemahi, Tanno Dhanti Prachodayaat, Om Gam Ganapataya Namah!
Place the Ganesh idol or photo frame facing East or West, but not facing the South. Apply sandal paste and kumkum on the idol's forehead, palms and feet and then garland with flowers.	

What to do	What to say
Light lamp or candle	deepa jyotih param brahma deepajyotir janardana deepo haratu me papam deepa jyoti namo stutae
Sip water 3 times	om achutaya namaha om anantaya namaha om govindaya namaha
Repeat to honor guru	gurur brahma, gurur vishnu, gurur devo maheshwaraha guru sakshaat para bramha, tasmai shree guravae namaha
Invoke Ganesha by repeating while tapping temples	skuklam barad haram vishnum shashi varnam chatur bujam prasanna vadanam dhyayet sarva vighno pashantayae
Do pranayam	OM bhoor bhuvah svaha tat savitur varenyam bhargo devasya deemahi dhiyoyo na pracho dayat  (touch right ear)
Repeat for statement of purpose (holding rice and flowers)	mamo patta samasta duritak shayad varra shree parameshwara preet yartham maha ganapatayae poojam karishyae
Invite Ganesha to the puja	asmin bimbae sumukam maha ganpatim dhya yaami, avahayami (offer rice)
Offer a place to sit	asanam samarpayami (offer rice)
Offer water to wash hands	argyam samarpayami (offer water)
Offer water to clean feet	padyam samarpayami (offer water)
Offer water to drink	achamaneyam samarpayami (offer water)
Offer sweet	madhu parkam samarpayami (offer rice or flowers)
Offer water to bathe in	snanam samarpayami (offer water on Ganesha's head)
Offer another drink	snanan antaram achamaneyam samarpayami (offer water)

What to do	What to say
Offer cloth, decoration and sacred thread in the form of rice	vastra, alankara, upaveetartam, akshatan samarpayami (offer rice)
Offer sandalpaste on his head	gandhan dharayami (offer sandal)
Offer kumkum on his head	ghandopari haridra kumkumam samarpayami (offer kumkum)
Offer jewels	abharanam samarpayami (offer rice or flowers)
Offer rice	akshataan samarpayami (offer rice)
Offer flowers with each namaha	<p>pushaihi poojayami (offer flowers while repeating the following names of Ganेशha)</p> <p>sumukaya namaha  yaekadantaya namaha  kapilaya namaha  gajakarnakaya namaha  lambodaraya namaha  vikataya namaha  vignarajaya namaha  ganadhipaya namaha  palachandraya namaha  gajananaya namaha  vakratundaya namaha  shoorpakarnaya namaha  herambaya namaha  skandapoorvajaya namaha  maha ganapatayae namaha</p> <p>nanavida parimala patra pushpani samarpayami</p>
Offer incense	dhoopam agrahayami
Offer oil lamp	deepam darshayami
Offer water sprinkled on fruit	OM bhoor bhuvaa suvaha tat savitur varenyam bhargo devasya deemahi dhiyoyo na pracho dayat
Offer fruit	naivedyam navaedayami (sprinkle water on fruit)

What to do	What to say
With flower and rice in hand offer the food	OM pranaya swaha OM apanaya swaha OM vyanaya swaha OM udanaya swaha OM samanaya swaha OM brahmanaya swaha
Offer water	madhya madhya paneeyam samarpayami (offer water)
Offer water after eating	naivedyam anantaram achamaneyam samarpayami (offer water)
Offer rice in place of betel leaf	tamboolam akshatan samarpayami (offer rice)
Light camphor or ghee wick and offer in 3 rotations in front of Ganesha, then say...	vakratunda maha kaya suryakoti samaprabha nirvignam kuru mae deva sarva karyaeshu sarvada
Offer water	neerajan antaram achamaneyam samarpayami (offer water)
Do pradakshina and bow down and express your wish or desire to Ganesha	yanni kanni cha papani janmantara krutani cha tani tani vina shyanti pradakshina paday paday
Offer prayers	Pratana namaskaram samarpayami