



NEWSLETTER

Issue 2

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Dear Member,

Jai Shree Krishna to you and your family.

I would like to welcome you to the second edition of our AMSUK Newsletter.

As a valued member of our Samaj, we felt that we should keep you informed with information and details of events being held around the country that we hope you will support and participate in. The feedback received from the first edition was that members found it informative and useful and hence the reason to produce another edition this year.

We have another packed agenda this year with events aimed at all ages within our Samaj. We have made some significant changes to the Sports Festival this year to include new sports and be more inclusive than we have been in the past, details of this will be issued in the SF pack which will be sent to your town Youth leader by this year's Host Town (Leicester). The Women's Forum has also gained momentum and increased its membership.

We will be launching the new website shortly www.mandhata.com and this will be an important tool for communication for the Samaj both nationally and internationally, so please keep a look out for this.

We would also like to increase our Life members so please encourage other members of our Samaj to become a life member, we are working on some special benefits for life members which will be communicated soon!

If you have any suggestions or event ideas, please do not hesitate to contact us.

Thanks

Hamel D. Patel
AMSUK President

UPCOMING EVENTS

AMSUK Sports Festival - 18th & 19th August 2012

Soar Valley Community College, Leicester

AMSUK Sammelan - 26th August 2012

Wolverhampton Civic Hall

PAST EVENTS

Matrimonial Event Nov 2011

The event was held in the Leicester Mandhata Samaj Hall and was well attended by around 80 participants, with a balanced 50/50 male/female ratio. I added in new elements of an "ice-breaker" at the beginning, and a "photo wallchart" which were both very well received.

Most common constructive feedback was with reference to the amount of participants; the day does get drawn out and is tiring for participants. Also, the age difference can be quite vast and inappropriate at times.

Looking ahead for 2012, as a result of feedback, I plan to split the event into two smaller events (i.e. less participants) and also have separate age categories (e.g. under 33 and over 33).

Below are proposed dates but TBC depending on availability of venues, personnel etc.

Late April/May 2012 **TBC** Matrimonial Event (Over 33's)

Late November/December **TBC** 2012 - Matrimonial Event (Under 33's)

Ladies Event Jan 2012

A social event was organised by the Women's Forum (WF) in Leicester on Saturday 21 January 2012. The event was in two parts. Part 1 was between 2pm and 6pm at the Leicester Samaj hall, where more than 100 ladies, from London, the West Midlands and Leicester participated in different activities which included garba, antakshri and other round the circle games. There was also an animated half hour debate on the inclusion/non- inclusion of non Kolis in AMSUK activities.

Part 2 was between 7pm and 11pm at Mensah restaurant for a multi-cuisine buffet dinner followed by DJ music and dancing on a large dance floor at a cost of £13 per person. There were 133 people in attendance for this section of the event and whilst there was good representation from Leicester, the West Midlands and London, including in terms of age range, the lack of representation from member towns such as Coventry and Luton, as well as member towns in the North, was apparent.

Overall, feedback for the event, both verbally and via e-mail, was very positive and the event was considered to be a great success – providing a good opportunity for the ladies to network and make new friends as well as enjoy themselves with other like-minded women.

The Women's Forum would like to thank Pushpaben and the Leicester Mahila mandal, Alkaben for organising transport from the West Midlands and all the ladies who helped to make this a most enjoyable and successful event.

There was a short debate regarding attendance of non- Kolis at AMSUK events. The discussions focused on attendance at the matrimonial events as well as at other events – particularly where a Koli woman has married a non – Koli man and would like her children to participate in Mandhata events.

Upcoming Religious & Cultural Events

Bhim Ekadashi
-1st June

Yogini Ekadashi
-15th June

Devshayani Ekadashi -Nirjala
-30th June

Jaya Parvati Vrat
-1st-5th July

Kamika Ekadashi
-14th July

Putrada Ekadashi
-29th July

Raksha Bandhan
- 2nd August

Janmashtami

- 10th August

Aja Ekadashi

-13th August

Kamla Ekadashi
-27th August

Kamla Ekadashi
-12th September

Ganesh Chaturthi

- 19th September

Jaljhilni Ekadashi

-26th September

Yogiji Maharajnu Ekadashi
-11th October

Navaratri

- 16th-23th October

Pashankusha Ekadashi

-25th October

Rama Ekadashi
-10th November

Dhan Teras

-11th November

Kali Chaudash

-12th November

Diwali

-13th November

New Years Day

-14th November

Prabodhini Ekadashi Nirjala

-24th November

Uttipatti Ekadashi

-10th December

Mokshada Ekadashi

-24th December



AMSUK Youth Forum Masquerade Ball

Following the success of the Glitz and Glamour Ball in 2009, the Association of Mandhata Samaj UK (AMSUK) Youth Forum hosted the Masquerade Ball on Saturday 3 March at the Platinum Suite, Leicester.

Over 250 guests attended in tux and gowns and were wined and dined with fine wine (we didn't serve wine, change to cocktails maybe) and a delicious three course meal. Guests enjoyed a flutter at our casino and had the chance to win some amazing prizes including 2 return tickets to Dubai in the raffle. The first prize went to Urmilaben Patel from Loughborough.

Our guests had their moments of glamour captured by our very own professional photographer as they danced the night away to our excellent DJ.

The evening was an excellent opportunity for young people nationally to meet and establish networks that will hopefully last for years to come in order to sustain the work of our Samaj,

Guests who attended said:

"I don't usually attend many Samaj events apart from Sports Festival, but I had a wicked evening, meeting loads of new and interesting people, plus old Samaj friends from years ago. I'd definitely be up for coming along to another similar type of Youth Forum event soon." – Leicester

"The Masquerade Ball was a fantastic success, tasty food, great atmosphere and a DJ who kept everyone glued to the dance floor! A first class night out!" - Wembley

"A fantastic elegant event for a worthy cause. It was wonderful to meet up with members of our Samaj at a national event, meet new people and celebrate the ever-growing success of AMSUK and AMSUK Youth Forum." – Bolton

The proceeds from the event were donated to two great causes Cancer Research UK and the AMSUK Youth Forum.

We would like to say a massive 'thank you' to all those that supported and attended the event to ensure that the Ball was a fantastic evening.

Once again thank you for your continued support and see you at the next Youth Forum event.

AMSUK Youth Forum Activity Day

Held on the 15th April at Edgbaston Reservoir, Birmingham. This was the 4th Activity Day organised by the AMSUK Youth Forum. The event was thoroughly enjoyed by 40 children from our Samaj, travelling from all over England. This event was subsidised by AMSUK, £10 for each child attending, AMSUK Youth Forum are investing any profits made in the past back into the youth. Suggestions have been made to hold this event for over 18's aswell. Watch this space....



LEICESTER 2012 AMSUK SPORTS FESTIVAL

To be held on the weekend of
Saturday 18th & Sunday 19th August 2012
Venue: Soar Valley Community College,
Leicester LE4 7GY

On behalf of Shree Mandhata Samaj Leicester and have great pleasure to announce that Leicester will be hosting the AMSUK Sports Festival 2012

This is a fabulous two day event consisting of several competitive sports and with evening entertainment as well. Last year in Wembley there were over 500 participants and this year we hope to attract many more.

There will also be evening entertainment at De Montfort University's Student Union Level One. Tickets will be available to buy for everyone – please contact Jagrutee.

An event of this size requires an enormous amount of work, time and fundraising. We will need the help and assistance from ALL corners of our Samaj to help us during this event.

We will require help in a variety of areas including the following; please get in touch with a member of the Sports Festival Committee (or named contact) if you can help or are interested in any of the following:

- Under 12's that wish to take part
- Qualified First Aiders / Medical Professionals
- Volunteering to help organise / stewarding
- Donations / Sponsorship for leaflets we will be distributing (contact Kailesh)
- Admin / Accounts
- Catering
- Fundraising
- Stall hire to promote your business / sell goods (contact Hina 07966 476646)

These are the Sports that we plan to be played over the weekend. If you have any queries please get in touch with your local Youth Leader for information about your town, or with Bhavesh from the Sports Festival Committee for any general queries.

Badminton	Carrom	100m Sprint
6-a-side Male Football	Chess	4 x 100m Relay
6-a-side Female Football	Kho-Kho	1500m
Rounders	Table Tennis	Tug of War
Netball	Volleyball	Nintendo Wii
Cricket		

Raffle tickets are now being distributed throughout the UK and we kindly ask that you please support this project by buying these tickets. Please get in touch with Anit, Jagrutee or Kailesh if you would like to buy raffle tickets.

The raffle prizes are as follows:

1st Prize - £1000 * 2nd Prize - £500 * 3rd Prize - £300 * 4th Prize - £200

Prizes will be drawn at the Sports Festival closing ceremony on Sunday 19th August 2012

We look forward to hopefully seeing you all there!

Jai Shree Krishna

Leicester Mandhata Youth

Jay - 0771 222 8465 Anit - 07811 908414 Bhavesh - 07969 648318 Kailesh - 07843 271924
Jagrutee - 07916 148787

AMSUK Youth Forum have organised a family day out on **Saturday 1st September** at Wicksteed Park, Kettering. This is a great way for families across England to get together. Aimed at people of all age groups. Wicksteed Park, caters for the whole family, it even has an open area for picnics and BBQs. www.wicksteedpark.co.uk
Please contact the Youth Forum youth.forum@hotmail.co.uk if you would like to attend, or just meet us there.

Chilli Paneer Recipe

- Paneer - 200 g
- Onion - 2
- Capsicum - 1
- Green chillies - 2 or 3
- Garlic - 4
- Corn flour - 1 ½ tbsp
- Maida flour - 1 ½ tbsp
- Soya sauce - 2 tsp
- Tomato sauce - 1 tbsp
- Chilli sauce - 1 tbsp
- Lemon juice - ½ tbsp
- Pepper - ½ tsp
- Oil to fry
- Salt to taste

1. Chop the paneer into cubes.
2. Dice onion, capsicum to cube shape.
3. Slit green chillies lengthwise.
4. Crush garlic to small pieces.
5. Make a thick paste of corn flour, maida, salt and little water.
6. Heat oil in a frying pan.
7. Dip the paneer cubes in the above paste and fry till golden brown.
8. Take it aside and drain the excess oil in kitchen paper.

9. Heat a wide fry pan and add 2 tbsp of oil.
10. Add onions and fry on high for half a minute.
11. Add green chilly, garlic, capsicum and sauté further.
12. Now add sauces, pepper and salt.
13. Stir well.
14. Add fried paneer cubes.
15. Mix well, smothering the paneer cubes with the sauce.
16. Remove from flame, add lemon juice and combine.
17. Garnish with freshly chopped coriander leaves.



AMSUK have published an updated AMSUK Directory in 2011, with names and addresses of our Koli community, if you wish to purchase this or our Hindu Death Rites booklet, please contact Vinaybhai.

AMSUK Directory - £4.50 incl postage

Hindu Death Rites booklet - £1.50 incl postage

For both publication to contact Vinaybhai as below

vinay.patel@ntlworld.com or on 07711 433 466

